The Oral-Systemic Health Connection
Where Are We Today?
Speaker: Michael Glick, DMD, PHD

Sunday, January 12th
10:30 AM to 12:30 PM
The Loft at 4935
4935 Cordell Avenue
Bethesda, MD 20814
Course Objectives and Speaker Biography

Course Description: During the past couple of decades, there has been a renewed interest in the association between oral infections and systemic diseases. As these associations are discussed in both the professional and the non-professional literature, patients are becoming aware of these associations and will sometimes ask their oral health care provider for more information. This presentation will help oral health care professionals evaluate studies discussing the associations between oral and non-oral conditions, and provide guidance on how to interpret and address these associations with their patients.

Learning Objectives: The participants in this lecture will be able to evaluate studies reporting on association between oral and systemic conditions; understand the evidence of the association between oral infections and health; inform patients about the association between oral infections and their health.

Biography: Michael Glick is Professor, Department of Oral Diagnostic Sciences, School of Dental Medicine, University at Buffalo, State University of New York. Dr. Glick has authored more than 300 journal publications, book chapters and editorials, edited and co-edited 10 books, and has presented more than 500 continuing education courses and lectures across the United States and in more than 30 different countries. He has received numerous awards for his entrepreneurship, community and professional activities, clinical acumen, teaching excellence and writings. Most recently, Dr. Glick served as chair for the Vision 2020, World Dental Federation (FDI), and is presently co-chairing the FDI Think Tank and FDI’s Vision 2030. Dr. Glick is past-President of the American Board of Oral Medicine, immediate past Dean, University at Buffalo, and serves since 2005 as the Editor of The Journal of the American Dental Association.
President’s Message from Tassos J. Sfondouris, DDS, MS

Dear Fraters,

Happy New Year! I hope everyone had a wonderful Hanukkah and a joyous end of the year for 2019!

This past year was amazing! Our achievements included an improved and exceptional continuing education programs. In collaboration with the Maimonides dental society, our joint lecture meeting will feature Dr. Gerard Chiche. This lecture will be held on March 13, 2020 from 8am-3pm at Maggianos restaurant in Washington, DC. Please, RSVP by the end of January to reserve your seat, as space is limited. After January, both organizations will invite other fellow dentists in our area to attend to the event.

As it is often stated, the strength of any organization rests with its members. Our chapter has a proud history and strong foundation because of its members, both past and present. At our last meeting on November 2019, we honored Drs. Sam Blum and Steve Kahan. Both Drs. Blum and Kahan exemplify what it means to be a frater of this organization. Their tireless support and many years of service, 20 plus is truly amazing and something we should emulate.

What makes our chapter unique and sustainable is the true camaraderie of its members. There are very few organizations that exemplify this. This is based upon the unique relationships that each of us has formed with one another within and outside this organization. I recently, listened to a powerful speech by Dr. Frank Spear and in his speech he asked the audience, “What is the one thing that makes people happy.” He stated, “It was not money, not fancy cars nor a big house, but long lasting relationships.” He stated that this was the predominate finding when hundreds of people were interviewed during their later years in life. I would agree with Dr. Spear and I share the same sentiments. Besides our excellent monthly continuing educational programs, our chapter holds several social events during the year that helps to strengthen our relationships with one another. Our next social event will be a Spa day. Drs. Tipograph and Mischenko are in the process of organizing this event and details will follow.

I am very excited for the New Year and the second half or our continuing education schedule and social events. Let’s continue the positive growth and momentum of this chapter and further spread our message with our community. I welcome any comments and or suggestions to improve our chapter.

Sincerely,

Tassos Sfondouris, DDS, MS
Diplomate, American Board of Periodontology
Alpha Omega DC Chapter President 2019-2020
September 17, 2019
Spouses, partners, significant others and guests invited.
Yom Kippur Wars
Dr. Itzhak Brook

October 15, 2019
“All on Four – Implants and Loading”
Mr. Tony Prestipino CDT

November 19, 2019
“Ceramic Concepts and Techniques”
Dr. Leora Walters

January 12, 2020
Sunday Brunch and Learn
“Oral/Perio Systemic Links”
Dr. Michael Glick

February 18, 2020
“Practice Pain-Free Dentistry”
Dr. Bethany Valachi
Bring staff

March 13, 2020
***Friday***
8:00 am – 3:00 pm
“Smile Design, Bonding and Esthetics Materials Update”
Dr. Gerard Chiche
Joint meeting with The Maimonides Dental Society
***Maggiano’s***
5333 Wisconsin Ave. NW
Washington, DC

April 21, 2020
“Common Medical Emergencies in the Dental Office”
Dr. John Brewer

4935 Bar&Kitchen
4935 Cordell Ave.
Bethesda, MD

Officer Installation TBA

May 19, 2020
“Ozone Therapy”
Dr. Marc DiNola

www.alphaomegawashingtondc.org
The Alpha Omega Dental Fraternity & The Maimonides Dental Society

Presents

“Smile Design, Bonding and Esthetic Materials Update”

Dr. Gerard Chiche

Friday
March 13, 2020
Registration 8:00 - 8:30 am
Course 8:30 am – 4:00 pm
6.5 CEU

Maggiano’s Little Italy
5333 Wisconsin Ave. NW
Washington, DC

This presentation will present key points formulated into a systematic step-by-step approach to resolve esthetic problems with predictable results and improved laboratory support. It also covers critical technique details to achieve optimum results with porcelain veneers and all ceramic crowns along with ceramic system selection, cement and adhesive selection, and bonding sequence. Interdisciplinary esthetic dentistry will be another focus of the presentation to control key esthetic factors together with Periodontal, Orthodontic and Implant therapy for best esthetic and soft tissue outcome.

Dr. Chiche is Clinical Professor at Augusta University, Dental College of Georgia where he recently completed his 10-year term as the Thomas P. Hinman Endowed Professor in Restorative Dentistry, and Director of the Center for Esthetic & Implant Dentistry. He holds the title of Professor Emeritus from Louisiana State University, School of Dentistry. He is a Past President of the American Academy of Esthetic Dentistry and is also the author of two textbooks in Esthetic Dentistry Esthetics of Anterior Fixed Restorations, and Smile Design - A guide for Clinician, Ceramist and Patient, both published by Quintessence Pub. Co. He became in 2009 the first recipient of the Endowed Chair sponsored by the Thomas P. Hinman Dental Society.

Includes breakfast & lunch * convenient parking * easy metro access * 6.5 hours CE credit

Alpha Omega Dental Fraternity & the Maimonides Dental Society

“Smile Design, Bonding and Esthetic Materials Update” - Dr. Gerard Chiche

Name: ___________________________ Tuition: ___________________________
Name: ___________________________ Tuition: ___________________________
Phone: ___________________________ email: ___________________________

Course Tuition is $350 if received before February 1st, afterwards $400
Students, residents & staff $150

Please make checks payable to Alpha Omega Washington DC and mail to Alpha Omega c/o Dr. Fred Simon, Treasurer,
5454 Wisconsin Ave., Suite 1355, Chevy Chase MD 20815
Presentations from the November 2019 Meeting

**Dr. Sam Blum: 50 year Pin**

**Dr. Tassos Sfondouris: President’s Pin**
Presentations from the November 2019 Meeting

**Dr. Sam Blum: 50 year Pin**

**Dr. Tassos Sfondouris: President’s Pin**
Convention Report from December 2019

The annual meeting of the Alpha Omega International Dental Fraternity took place in Los Angeles from Dec. 26th to Dec. 30th. Delegates Sam Blum and Andy Lasky represented our chapter at that meeting. A number of newsworthy items came out of the meeting. First, we have a new name. We are now the Alpha Omega International Dental Society! This name change will not change the workings of our organization but will aid in our ability to address a few issues. Second noteworthy decision from the convention is that at least for the forseeable future, the convention next year in Florida will be the last end of year convention. Much discussion was held and the current plan is to have a summertime convention. The hope is to increase attendance and encourage new fraters to attend. Further, the plan is to have some of the meeting in Europe as our annual event. While not finalized, the next meeting after Florida will likely be in Israel.

Also, the system of having regents, which had been in place in AO for many years, and then ended a number of years ago, is now being restored. Our new International President is Alan Moltz, from Chicago, and he has reinstituted the Regents system and appointed, for this year only, regents throughout AO. This is normally an elected office. For this year, our regent will be Mike Polowitz, from our DC Chapter.

On another front, the Meritorious Service Award, which is the highest award given in AO, and is typically given to a person who has served us in many capacities on an international and local level and not served as international president, will hereafter be named the Ben Williamowsky Meritorious service Award. You should know that Ben was eulogized at the convention by a large number of members, and a large picture of Ben sat on an easel next to the dais throughout the week.

On another front, the US foundation held our annual meeting as well in LA. We have elected a new chairman of the foundation, Michael Spektor, from Seattle. His vision is to change our modus operandi, bring in professional fund raising help and create a foundation which can raise significant monies to give away to the various charities we support. Also, our upcoming fundraising project, which was to raise funds for the Ziv hospital on the Syrian border, has received major help in this effort. More news to follow.

Respectfully submitted,

Andy and Sam.
Shabbat Across AO 2019
Friday, November 1st

Thank you Dr. Sharon Brown for organizing Shabbat Across AO for our local chapter! They celebrated Shabbat and the Nationals World Series victory!!

Hosts Fraters Michael Pollowitz & Sharon Brown, Phyllis Levine, Phyllis Blum, Adam Frieder, President of AO Washington DC-Tassos Sfondou-ris, Joy, Ron Levine & Sam Blum
ABOUT ALPHA OMEGA
INTERNATIONAL DENTAL FRATERNITY

MISSION
To offer dentists, oral health professionals and students a welcoming fraternal community that honors the organization's Judaic heritage, provides opportunities to attain professional excellence and promotes access to oral health care for all.

VISION
Alpha Omega envisions communities where everyone has access to oral health care and whose members can contribute to the well-being of others.

VALUES
Integrity: Acknowledging and demonstrating that our core values guide our commitments and actions
Compassion & Inclusion: Engaging all who share our core values to participate in our efforts to realize our vision
Generosity: Sharing our knowledge, skills and resources to promote oral health as well as personal and professional growth

PRINCIPLES
• Access to oral health and wellness
• Promoting social justice
• Tikun Olam (Repair an ailing world)

COMMUNITY OUTCOMES
Establishing and nurturing high-trust networks and relationships to realize our full potential for personal growth and professional achievement. Providing avenues for oral health professionals to contribute to improve the health and wellbeing of their local and global communities.

EXECUTION STRATEGIES
• Provide high-quality and diverse continuing education opportunities
• Nurture oral health care students by inclusion in alumni activities as well as mentorship by individual alumni
• Engage alumni families through locally hosted social gatherings
• Engage and welcome all dental professionals to share our vision and principles

PHILANTHROPIC ENGAGEMENT
• Raise awareness of the integral nature of the Alpha Omega Foundations, funds and trusts to the realization of our mission and vision, especially its support for dental education in Israel
• Increase awareness and advocate for improved access to oral health care throughout the world
• Partner with like-minded organizations to promote social justice and improve oral health, such as donating our time and talent for the care of Holocaust Survivors in need
News and Announcements

- Congratulations to frater Michael Pollowitz on becoming the Alpha Omega regent for the Atlanta, Philadelphia, South Florida and Washington, DC regions
- Mazel Tov to Jocelyn Levy on her Bat Mitzvah proud parents Leslie and frater Rustin Levy
- Upcoming Mission of Mercy Events:
  - Harford MOM - 1/23/2020
  - Baltimore MOM - 4/2 - 4/3/2020
  - Harford Denture Clinic - May 2020
  - SMMOM - 7/23/ - 7/24/2020
  - WMMOM - 10/23 - 10/24/2020

Please send photos, updates, and announcements to Jennifer Tipograph at jennifertipograph@gmail.com
Saturday, April 25th, 2020

**ORAL CANCER FOUNDATION**

**DMV Oral Cancer 5K Walk / Run**
Registration: 7:30 AM - Event begins: 9:00 AM

Free Public Oral Cancer Screenings
Prizes for Top Fundraisers - Raffle

**LOCATION:**
Sligo-Dennis Avenue Park
10200 Sligo Creek Parkway
Silver Spring, MD 20902

**SPONSORSHIP OPPORTUNITIES:**
Please contact
megan@bccoralssurgery.com
or 443.745.3625

**COST:**
Oral Cancer Survivors are **FREE**
Walkers **$30** to pre-register, **$35** day of the event
5K Runners **$35** to pre-register, **$40** day of the event
6-10 year olds: **$15**
Children 5 and under are **FREE**

**REGISTRATION:**
For more information or to register, please visit:
http://donate.oralcancer.org/event/DMV

**GIVE ORAL CANCER A VOICE!**
www.oralcancer.org
News and Announcements

Update from the AO-HSC
Holocaust Survivors Dental Program

Dear D.C. Dental Providers:

Thank you for your participation as a provider in the Alpha Omega-Henry Schein Cares Holocaust Survivors Oral Health Program. The contribution of your time and skill have helped bring comfort to many survivors.

In 2018, the D.C. area saw 127 patients and the value of the dental care was $224,433! That is 28% of the total donated care of all the cities participating in the program and nearly 30% of the patients. Ben, z”l, would be thrilled!

We have a couple of dental lab partners participating in the program. We ask that you approach your own lab first and ask for the fabrication of pro bono lab appliance(s) for your patient. In return, I am happy to issue a Certificate of Appreciation to the lab. If the lab that you typically use is not able to participate please send me an email with the name of the patient, and the treatment plan. I will then email a lab slip to you. When treatment is complete, please submit (either email be-delstein@ao.org or fax 301-301-738-6403) a copy of the patient ledger or the attached encounter form with the dates of service and the ADA Codes. It is the only way to keep the metrics for the program.

As you may already know, Adrienne Ognibene left her position at JSSA; the new Volunteer Coordinator for the dental program at JSSA is Nora Morton. Her direct line is 301-610-8414. She will now be calling your offices referring JSSA clients. Please notify your office staffs of this change.

Please do not hesitate to contact me with any questions or comments you may have.

With sincere gratitude,

Bernice Edelstein

Please send photos, updates, and announcements to Jennifer Tipograph at jennifertipograph@gmail.com
Important Information and changes regarding Documentation of Continuing Education.....

Recording Course Attendance with the DC Dental Society

The District of Columbia Dental Society has recently revised their procedures regarding the recording of member's Continuing Education participation. They are no longer accepting copies of Certificates of Attendance from individual members. The new policy requires you to place a check mark next to your name on a master roster of DC Society members when you sign in. At the end of the meeting, the Alpha Omega CE Program Chairman will email this list to the DC Dental Society and they will record your attendance.

If you are a member of the DC Dental Society, I need three pieces of information in order to create this roster:

First Name: __________________________
Last Name: __________________________
ADA #: __________________________

Please send this requested information to Michael Stern at dstern2478@aol.com. Remember, if your name and ADA number do not appear on the list, you will not receive CE credits from the DC Dental Society.

Thank you for your cooperation regarding this matter.

For all other members and DC Dental Society members who are also AGD members, please make sure that you sign the AGD attendance roster present at the sign in desk. It is very helpful if AGD members also write down their AGD member number. This list is the only official record of your attendance and is used to record CE credits with the AGD. Signing this roster also ensures that we have a record of your attendance in case you find yourself needing a backup during the re-licensure process.

Remember, if you did not sign the required forms, your attendance will not be recorded.

And, thanks again for being a member of Alpha Omega, dedicated to dental excellence and assisting those who are less fortunate.
Classifieds

Are you looking to hire a new associate, assistant, or staff member? Equipment to sell or buy? Whatever your needs, please submit your classified ad by emailing it to our editor!

- Practice for Sale: looking to sell busy, high grossing practice, established in 1984, as well as office condominium, at 4600 Connecticut Avenue NW, Suite 131, Washington, DC 20008. Will also consider bringing in associate with intention to purchase over time. Willing to remain on for period of 1-1.5 years (up to 30 hours per week) for purpose of introducing patients to new owner. (well over 4-5,000 active patients). Call Dr. Michael G. Landy at 240-832-0674.

- Highly experienced hygienist available on Wednesday's: "Chris is undoubtedly one of the best hygienists I have ever worked with." -David Schneider. Anyone interested can contact David Schneider at dhschneid@gmail.com or Chris via e-mail at harlanette@verizon.net

Please send your classified ads to Jennifer Tipograph at jennifertipograph@gmail.com
We’re bullish on the future. Yours.

The world is changing fast. While change can provide opportunities, it also raises questions about the future. Through honest conversations about your life and your priorities, we’ll find out what you want your future to look like, and develop a strategy together to help make it happen.

The world is changing fast. While change can provide opportunities, it also raises questions about the future. Through honest conversations about your life and your priorities, we’ll find out what you want your future to look like, and develop a strategy together to help make it happen.

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To show that you care, send an ALPHA OMEGA TRIBUTE FUND CARD. It is a tax-deductible DONATION that, through the AO Foundation, benefits charitable causes, including the Israeli dental schools & our own Hebrew Home & other charities.

There is a minimum $10 donation per card. GOLD cards are $36 & PLATINUM cards are $100. Special insert cards are included for larger donations & an ** next to the Donors’ name denotes the larger donation. THANK YOU notes sent are a minimum $36 Gold card donation. Those on 'automatic send' get the following bulk rate: 6 cards for $36 and cards may be purchased in bulk to write & send yourself.

Please CALL with information about AO Members even if you are not sending as card. CONTACT Phyllis Blum at 301-762-6832 or e-mail phyllisblum@verizon.net THOSE CARDS SENT AFTER December 22, 2019 WILL APPEAR IN THE NEXT ISSUE. Special Thanks to Phyllis Blum who works so diligently organizing and maintaining the Tribute Card Program!

IN MEMORY OF:

Cousin of Heidi Weber
   Ellie & Steve Kahan

Dr. Robert Hartman, husband of Dr. Marlene Hartman & family
   Dr. Steve Kahan
   Sharon Nimetz Peikin, wife of Dr. Alan
   Peikin & family
   Phyllis & Sam Blum
   Harriette Farber
   Sheila & Fred Stempler
   Linda & Dennis Winson

Hilbert William “Bill “ Gross, brother of Dr Richard Gross & family & husband of Ruth & family
   Phyllis & Sam Blum

99year old former Frater Irving Jacobs
   Alpha Omega Fraternity
IN MEMORY OF:

AZ & NY Frater Sy ‘Cuz’ Evans beloved husband of Edith ‘Edie’ Evans
Suzanne & Andy Lasky

Robert Agus, beloved husband of Cantor Rochelle Helzner & family
Phyllis & Sam Blum & family

Dr. Gene Flennikin husband of Dr. Inge Flennikin
Phyllis & Sam Blum

CONGRATULATIONS TO:

Frater Michael Pollowitz on becoming AO Regent for Atlanta, Philadelphia, S. Florida & Washington, DC
Julie & Roy Eskow
Alpha Omega Fraternity
Phyllis & Sam Blum
Batia & Jeff Cross
Jane Nankwenya & Stan Dorrow
Adam Frieder
Sherri Greenbaum
Diana Winters & Steven Guttenberg
Sheri & Alan Heller
Sara & Michael Landy
Amparo & Rich Levy
Leslie & Rustin Levy
Helene & Richard Meltzer
Jennifer & Israel Puterman
Nancy & Jay Samuels
Dini & Bob Sanker
Stacy & David Schlactus
Joanne & David Schneider
Jennifer & Andrew Schwartz
Fred Simon
Lily & Neil Starr
Joan & Michael Stern
Jennifer & Stuart Tipograph
Brenda Mareno & Tom Sokoly
CONGRATULATIONS TO:

Leslie & Rustin Levy on the Bat Mitzvah of daughter, Jocelyn  
Alpha Omega Fraternity  
Phyllis & Sam Blum  
Sharon Brown & Michael Pollowitz  
Batia & Jeff Cross  
Jane Nankwenya & Stan Dorrow  
Adam Frieder  
Sherri Greenbaum & family  
Diana Winters & Steven Guttenberg  
Sheri & Alan Heller  
Sara & Michael Landy  
Suzanne & Andy Lasky  
Amparo & Rich Levy  
Leslie & Rustin Levy  
Helene & Richard Meltzer  
Jennifer & Israel Puterman  
Nancy & Jay Samuels  
Dini & Bob Sanker  
Stacy & David Schlactus  
Joanne & David Schneider  
Jennifer & Andrew Schwartz  
Fred Simon  
Lily & Neil Starr  
Jennifer & Stuart Tipograph

GOLD TO:

Dr. Alan Peikin & family in Memory of their beloved Sharon Nimetz Peikin  
Laura & Arnie Feldman  
Morris Antonelli

Ellen Taranto for a speedy & full recovery  
Joan & Michael Stern

Edith ‘Edie’ Evans in memory of her beloved husband, Seymour ‘Cuz’ Evans  
Phyllis & Sam Blum  
Ellie & Steve Kahan  
Laura & Arnie Feldman
GET WELL TO:

AO Foundation Director Ellen Taranto
Ellie & Steve Kahan
Betti & Allen Ressler

Diane Benson, wife of Frater Howard Benson
Alpha Omega Fraternity
Phyllis & Sam Blum
Sharon Brown & Michael Pollowitz
Batia & Jeff Cross
Jane Nankwenya & Stan Dorrow
Adam Frieder
Sherri Greenbaum & family
Diana Winters & Steven Guttenberg
Sheri & Alan Heller
Ellie & Steve Kahan
Sara & Michael Landy
Suzanne & Andy Lasky
Amparo & Rich Levy
Leslie & Rustin Levy
Helene & Richard Meltzer
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Dini & Bob Sanker
Stacy & David Schlactus
Joanne & David Schneider
Jennifer & Andrew Schwartz
Fred Simon
Lily & Neil Starr
Joan & Michael Stern
Jennifer & Stuart Tipograph

THANKS to all Alpha Omegans who send AO Tribute cards in memory of my beloved wife, Shirley Kaplan
Don Kaplan & family

THANKS to Sharon Brown & Michael Pollowitz for beautiful & delicious & enjoyable AO Across the World Shabbat dinner
Phyllis & Sam
Enter the AO Matrix

Check out the DC Chapter Website for up to date meeting information, Flyers, newsletters, photos and more! Brought to you by our personal Web Guru, Fred Simon.

http://www.alphaomegawashingtondc.org

Don’t forget about the International website www.ao.org

You can also interact with members from all over the world by “liking” the International facebook page!

https://www.facebook.com/groups/alphaomegadental/
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- Safely elevate the membrane using hydraulic pressure
- Safe for Flat, Inclined, and Septum sinus floors
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